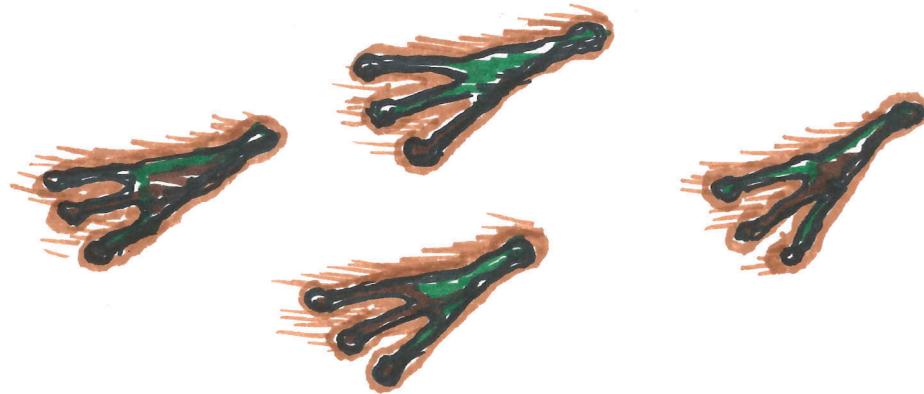


DUG GETS A BUG

AN OSMOND THE TOAD SHORT STORY

For India, whom I have missed dearly during isolation.



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Osmond the toad and Dug the worm were the best of friends.

They were always together, having fun, thinking up new things to do, and going on adventures.

They were inseparable.



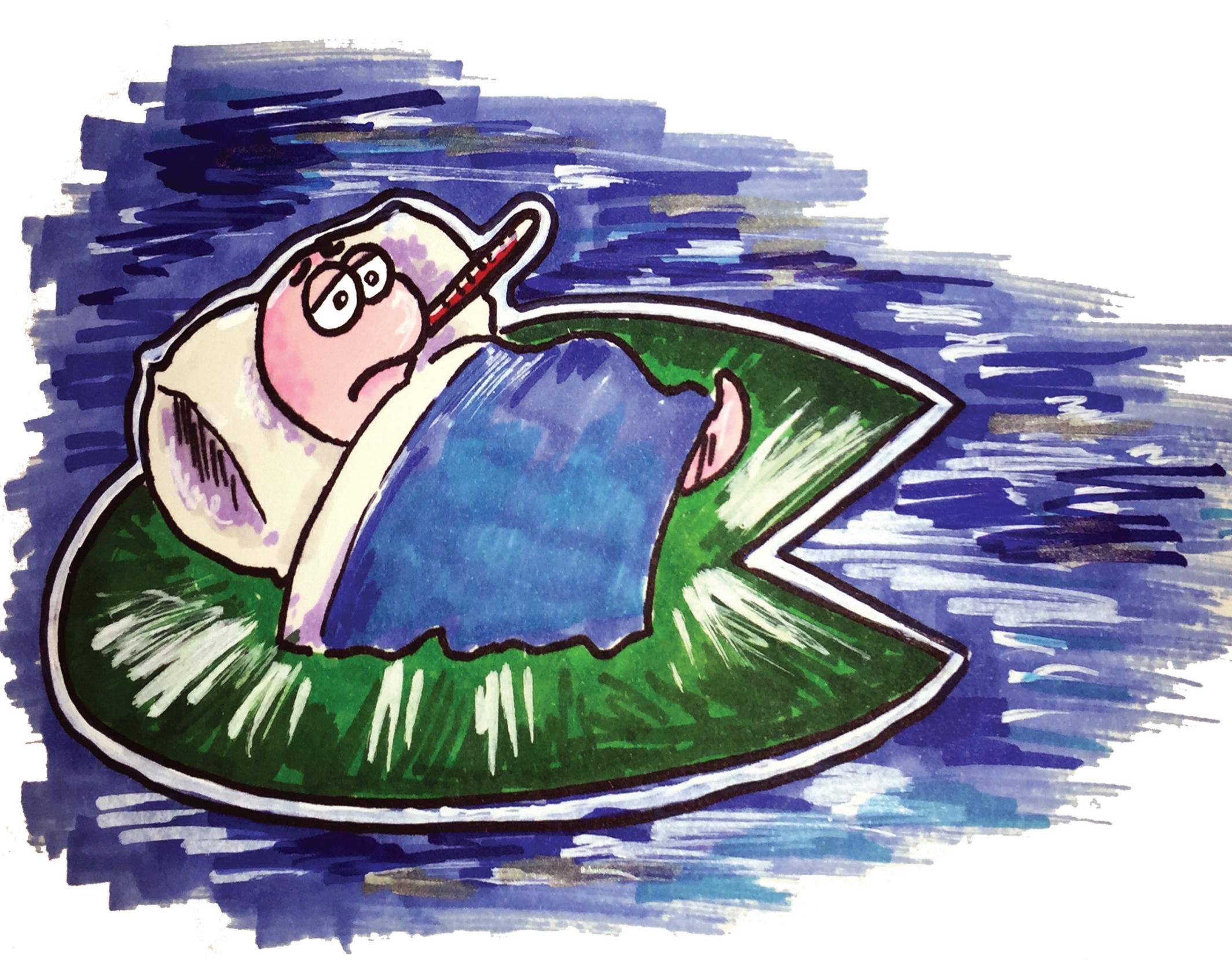
One day, Dug started to feel and bit poorly. He was coughing and wheezing, had a high temperature and a terrible headache.

Osmond took Dug to the doctor's. After having a special test, Dug was diagnosed with Coronavirus or Covid 19, a serious virus which is very contagious (easy to catch or pass on).



Dug had to go straight into isolation and rest in bed. His temperature was still very high.

Osmond was very worried about his friend, so he looked into how to stop the other pond creatures catching the virus.



There are lots of ways to avoid catching Coronavirus.

Self-isolate – which means staying at home - and if you do go out, keep 2 metres from anyone, especially if they have a cough or any cold symptoms.



Always wash your hands - for at least 20 seconds. You can time yourself by singing a song like 'Happy Birthday to Dug' twice through.

If you cough, do it into your elbow and not your hand, so things you touch don't get infected.

It's important to stay at home unless you have to go out for work, food shopping or exercise.



Over the next few weeks, as Dug started to recover, Osmond decided that it was very important to stay positive and keep in touch with his friends by emailing, texting, face-timing and even writing letters.

Staying in touch with each other is vital, to make sure those on their own are OK. Letting people know how much they are loved and cared about can really lift their spirit.

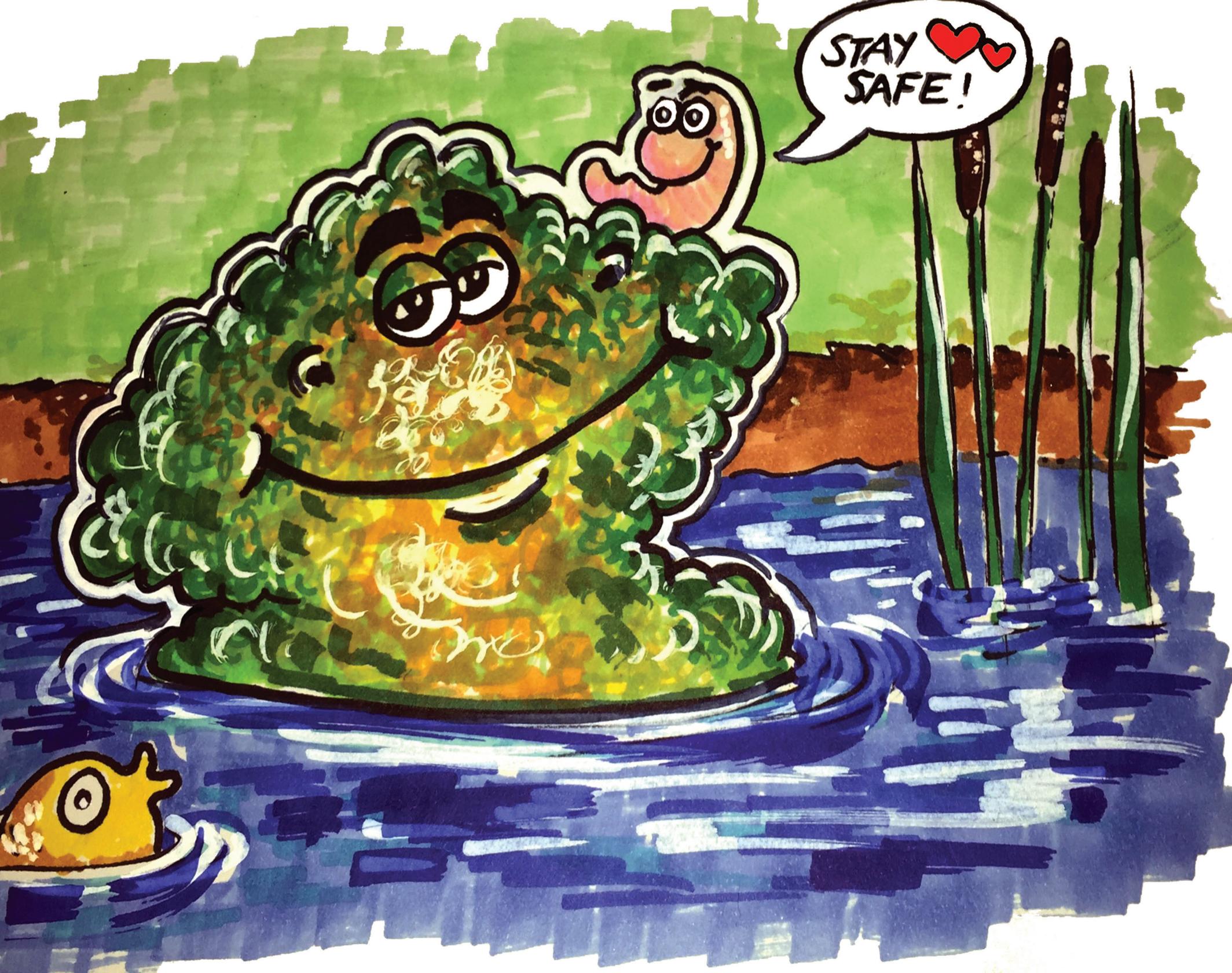
Keeping busy, doing things you enjoy and trying new hobbies - like art or reading a good book - can really help people feel good.



After Dug spent a long time in isolation, he recovered fully. Dug didn't spread the virus because of his 'social distancing'.

And because Osmond had been responsible and helping others not to spread the virus (because Osmond was a very considerate toad), everyone could go back to playing together again.

Stay safe everyone!



STAY SAFE! ❤️❤️

If you enjoyed this free eBook by Liz Noble, you will love her debut story, *Osmond the Toad*, which is available to buy in paperback or Kindle on Amazon.

If you are a real nature fan, you might also like *The Hedgehog's Full Moon Party*, by Richard Mayers and Abi de Montfort.

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Thank you for reading and sharing this book.

